



**Wednesday,
June 8, 2011
2:00 p.m. – 4:00 p.m.**

Location:

Monarch Place—Piedmont at
Pleasant Valley Road
4500 Gilbert Street
Oakland, CA 94611
(510) 658-9266

Speakers:

Donna Schempp, LCSW,
Interim Program Director,
Family Caregiver Alliance,

and

Anne Warner-Reitz,
Executive Director, Adult Day
Services Network of Alameda
County, and other senior
services organizations.

Cost:

Free, but donations
accepted. Group size is
limited and preregistration
is required.

To Register:

Call Hilary at
(800) 445-8106, ext. 317
or email
htoyryla@caregiver.org.

**BACS, ASEB, Monarch Place &
Family Caregiver Alliance present:**

Eldercare and Caregiving (Caregiving 101)

An overview of issues faced by caregivers, from acknowledging that someone needs care to self-identifying as a caregiver, to ways to handle stress and other issues faced by caregivers: navigating systems, getting respite, etc.

Care Connections (Panel Discussion)

Local senior services organizations will provide information about their programs and how these services fit into a continuum of care and support for people with early to advanced memory loss. Representatives will also speak about local and online caregiver services and resources.

Sponsored by:



This program is presented by Family Caregiver Alliance with BACS, ASEB and Monarch Place in Oakland, CA. It is funded in part by the California Department of Mental Health and the Older Americans Act, administered locally by the Alameda County Adult and Aging Services. Family Caregiver Alliance supports and assists caregivers of adults with chronic or disabling health conditions. FCA services are available to caregivers regardless of race, ancestry, national origin, creed, gender, gender identity, religion, sexual orientation, disability, income or age, and include information, education, publications, care planning, legal/financial consultations and respite assistance. For more information about FCA, call (800) 445-8106 or visit www.caregiver.org.



180 Montgomery Street, Suite 900
San Francisco, CA 94104

**Eldercare and Caregiving
Care Connections**

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