

BACS ADC Activity Schedule – August 2011

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM Arts & Crafts/ games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Shuffle Board 2:30 PM Treats	2 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM Crafts/ games 11:30 AM Week's News in Review 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Bean Bag Toss 2:30 PM Treats	3 9:00 AM Coffee and conversation 10:15 AM Check in 10:20 AM Arts & Crafts/Games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Indoor Bowling 2:30 PM Simon Says/treats	4 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM BOOK CLUB , Crafts/ games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Singalong 2:30 PM Trivia quiz/treats	5 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM Arts & Crafts/games 11:00 AM ONNA, THE COLLIE 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Movie and Popcorn 2:30 PM Reminiscing/treats
8 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM Arts & Crafts/ games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Shuffle Board 2:30 PM Treats	9 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM CELEBRATE ELVIS WEEK! 11:30 AM INTERPLAY WITH CYNTHIA WINTON 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Week's News in Review 2:30 PM Treats	10 9:00 AM Coffee and conversation 10:15 AM Check in 10:20 AM Arts & Crafts/Games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Indoor Bowling 2:30 PM Simon Says/treats	11 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM BOOK CLUB , Crafts/ games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Beach Ball Volleyball 2:30 PM Trivia quiz/treats	12 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM Arts & Crafts/games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon walk 1:30 PM Bingo 2:30 Reminiscing/treats
15 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM Arts & Crafts/ games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Shuffle Board 2:30 PM Treats	16 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM Crafts/ games 11:30 AM Week's News in Review 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Bean Bag Toss 2:30 PM Treats	17 9:00 AM Coffee and conversation 10:15 AM Check in 10:20 AM Arts & Crafts/Games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Indoor Bowling 2:30 PM Simon Says/treats	18 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM BOOK CLUB , Crafts/ games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM TAKE US OUT TO THE BALL GAME! 2:30 PM Trivia quiz/treats	19 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM Arts & Crafts/games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Movie and Popcorn 2:30 PM Reminiscing/treats
22 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM CELEBRATE BE AN ANGEL DAY! 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Shuffle Board 2:30 PM TreatsS	23 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM Arts & Crafts/Games 11:30 AM Week's News in Review 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Indoor Bowling 2:30 PM Treats	24 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM Arts & Crafts/games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Bean Bag Toss 2:30 PM Simon Says/treats	25 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM BOOK CLUB , Crafts/ games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Singalong 2:30 PM Trivia quiz/treats	26 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM NATIONAL DOG DAY – WE"LL HAVE A DOGGONE GOOD TIME! 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Bingo 2:30 Reminiscing/teats
29 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM Arts& Crafts/Games 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Shuffle Board 2:30 PM Treats	30 9:00 AM Coffee and conversation 10:15 AM Check in 10:30 AM Crafts/ games 11:30 AM Week's News in Review 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Bean Bag Toss 2:30 PM Treats	31 9:00 AM Coffee and conversation 10:15 AM Check in 10:20 AM CELEBRATE NATIONAL TRAIL MIX DAY! 11:45 PM Exercise w/ Amanda 12:15 PM Lunch 1:15 PM Afternoon Walk 1:30 PM Indoor Bowling 2:30 PM Simon Says/treats		