

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fillet w/ Mushroom Gravy Mashed Potatoes <u>Succotash</u> Coleslaw* Wheat Bread w/Butter 1% Milk 2	BBQ Pork Riblet Mixed Vegetables Baked Beans <u>Cream of Spinich Soup</u> Oatmeal Cookies 1% Milk 3	Breaded Fish w/Tartar Sauce Rice Pilaf <u>Mixed Greens</u> Fresh Strawberries 1% Milk 4	Sliced Turkey on Wheat Bread Creamy Cucumber Salad* <u>Summer Vegetable Soup</u> Orange Jello 1% Milk 5 	Meatloaf w/ Gravy <u>Mashed Potatoes</u> <u>Green Beans & Carrots</u> Orange* 1% Milk 6
Salisbury Steak w/Gravy <u>Broccoli & Cauliflower</u> Roasted Red Potatoes Fresh Orange* 1% Milk 9	Chicken Salad on <u>Whole Sheat Pita Bread</u> Tossed Salad <u>w/ Cucumber & Dressing</u> Tomato Soup* Peach Crisp 1% Milk 10	Fish w/Creole Sauce <u>Roast Potatoes</u> <u>Steamed Spinach</u> Broccoli Marinade Ice Cream Cup 1% Milk 11	Chicken Cacciatore 1/4 Penne Pasta <u>Sugar Snap Peas</u> Minestrone Soup Fresh Fruit 1% Milk 12	Cheese Enchiladas w/ Sauce Spanish Rice Baked Zucchini <u>Spinach Salad w/Tomatoes</u> Banana 1% Milk 13
Turkey Pot Roast w/Gravy Stuffing Peas Beet Salad Fresh Orange* 1% Milk 16	Birthday Celebration Sweet & Sour Chicken Breast Steamed Rice <u>Snow Peas & Waterchestnuts</u> Broccoli Soup* Birthday Cake 1% Milk 17	Beef Chili Mac <u>Carrots*</u> <u>Zucchini</u> Garden Salad w/Tomatoes* 1% Milk 18	Tuna Salad on Whole Wheat 3 Bean Salad <u>Cream of Spinach Soup</u> Fresh Fruit 1% Milk 19 	Savory Meatballs w/ Gravy <u>Broccoli & Cauliflower*</u> Scalloped Potatoes Dinner Roll 1% Milk 20
Veal Parmesan Penne Pasta <u>Zucchini & Summer Squash</u> Coleslaw* Ice Cream 1% Milk 23	Mock Crab Salad Rye Bread Tossed Salad w/Dressing <u>Potato & Corn Chowder</u> Orange* 1% Milk 24	Beef Burgundy Twistee Noodles Mixed Vegetables <u>Cucumber & Tomato Salad*</u> <u>Fresh Fruit</u> 1% Milk 25	Baked Fish w/Lemon Wheel <u>Vegetable Soup</u> <u>Steamed Parslied Potatoes</u> Green Beans Fresh Fruit 1% Milk 26	Hawaiian Beef <u>Brown Rice</u> <u>Snow Peas</u> Paes & Carrots* <u>Fresh Melon</u> 1% Milk 27
Swedish Meatballs <u>Mashed Potatoes</u> <u>Spinach*</u> Carrot & Pineapple Salad Fresh Fruit 1% Milk 30		* Vitamin C Source <u>Vitamin A Source</u> + Higher Sodium Meal Menu Subject to Change without notice		